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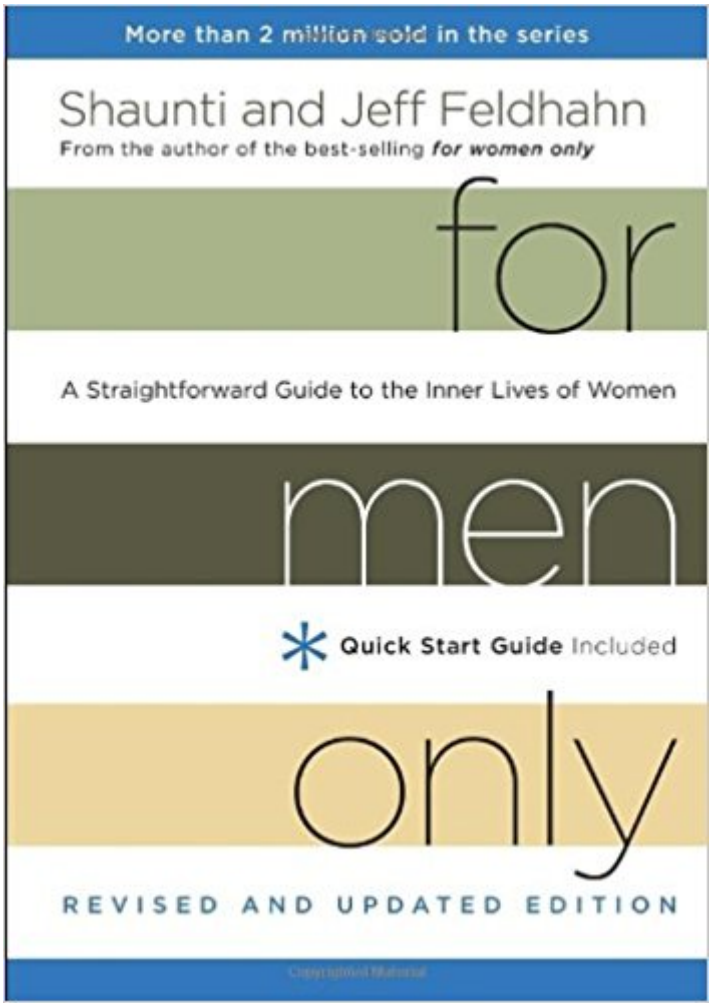
For Men Only, Revised And Updated Edition: A Straightforward Guide To The Inner Lives Of Women



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Synopsis

â œShaunti and Jeff have unearthed a treasure chest of insightsâ ”eye-opening and life-changing.â •â ”Andy Stanley, senior pastor, North Point Community ChurchFinally, you can understand her!If youâ ™re like most men, youâ ™ve burned up lots of energy trying to figure out what a woman wants, what makes her tick, how to make her happy.Â The good news: success is simpler than you ever thought.Â In their groundbreaking classic, For Men Only, Jeff and Shaunti Feldhahn reveal the eye-opening truths and simple acts that will radically improve your relationship with the woman you love. For example: Â Â Â Why she canâ ™t â œjust not think aboutâ • something thatâ ™s bothering herÂ Â Â Â How to get her real answers without gamesÂ Â Â How your provider instinct can actually cause her heartache â “ and what to do about itÂ Â Â Why â œnot tonight, honeyâ • may not mean what you think Â Â Â Why listening to her feelings is so hard for a guy, and a fix-it plan that worksÂ Â Â Why her â œI doâ • at the altar will always mean, â œdo you?â • and the answer that rocks her worldÂ Now updated with the latest scientific research to explain the fabulous female brain plus an all-new chapter that shows how to decode her most baffling behavior, For Men Only is your roadmap to making her happy.

Book Information

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Customer Reviews

Here it is men Ã¢Â Â“ a straightforward guide to the inner lives of women.I must confess as I read that claim I thought of the apocryphal story of the man who found a magic lamp and was granted only one wish. He wished for a road to be built from America to Europe so he could drive to Europe.

The Genie informed him thatÃ¢Â Â™s quite unreasonable. ItÃ¢Â Â™s such a great distance and the water was extremely deep and that he should ask for something else. So the man said, Ã¢Â Âœl want to know how to understand my wife.Ã¢Â Â• The Genie responded. Ã¢Â ÂœDo you want that to be a two-lane or four-lane road to Europe?Ã¢Â Â• This book makes good on the claim that you can gain greater insight into how women think.The authors, Shaunti and Jeff Feldhahn, have created this book as a companion guide to their earlier book, For Women Only. For Men Only shares the results of hundreds of personal interviews, anecdotal information from womenÃ¢Â Â™s focus groups, and a national survey of four hundred women. This book is written from a manÃ¢Â Â™s perspective as the first sentence states. Ã¢Â Â•Like some guys I know, you might be tempted to skip this introduction and jump right to the sex chapterÃ¢Â Â• (p. 1). Men, I encourage you to read the entire book to have a loving and harmonious relationship with your spouse.HereÃ¢Â Â™s an overview of the chapter titles:Chapter 1: Rethinking Random: Why you need a new map of the female universeChapter 2: The Deal is Never Closed: Why her Ã¢Â Âœl doÃ¢Â Â• will always mean Ã¢Â ÂœDo you?Ã¢Â Â•Chapter 3: WindowsÃ¢Â Â|Open! What you should know about the fabulous female brainI found this word picture helpful, Ã¢Â Âœ. . . their thought lives are like busy computers with multiple windows open and running all at once, unwanted pop-ups intruding all the time, and little ability to close out or ignore any of that mental or emotional activity until a more convenient time.Ã¢Â Â• (p. 42). That was a helpful perspective and then I became somewhat concerned because I feel that way at times.Chapter 4: The Reason Hiding in Her Ã¢Â ÂœUnreasonableÃ¢Â Â• Reaction: How you can break the code of baffling female behaviorMany men default to this observation by Oscar Wilde, Ã¢Â ÂœWomen are meant to be loved, not to be understoodÃ¢Â Â• (p. 65).Chapter 5: Your Real Job is Closer to HomeÃ¢Â ÂœMoney talks but emotional security singsÃ¢Â Â• (p. 87)Chapter 6. Listening Is The SolutionThis may be difficult for men to understand, but this is what the research demonstrates, Ã¢Â ÂœWhen she is sharing an emotional problem, her feelings and her desire to be heard are much more important than the problem itself.Ã¢Â Â• (p. 109)Chapter 7. With Sex, Her Ã¢Â Â^NoÃ¢Â Â™ DoesnÃ¢Â Â™t Mean You: How her desires are impacted by her unique wiring and why your ego shouldnÃ¢Â Â™t beChapter 8. The Girl in the Mirror: What the little girl inside your woman is dying to hear from youÃ¢Â ÂœInside your smart, secure wife lives a little girl who deeply needs to know that you find her beautiful Ã¢Â Â“ and that you only have eyes for her.Ã¢Â Â• (p. 153)Chapter 9. The Man She Had Hoped to Marry: What the woman who loves you most, most wants you to knowThe top thing that women wished their man knew was this: Ã¢Â ÂœYou are my heroÃ¢Â Â• (p. 179).This is an excellent book for any man who is married or thinking about getting

married. The Apostle Paul sums up well the manÃ¢Â Â™s responsibility,Husbands, love your wives, just as Christ also loved the church and gave Himself up for her,Ã¢Â Â• (Ephesians 5:25)(I received this book for free from WaterBrook Multnomah Publishing Group for this review.)

There are a few books that my wife and I had to read before we got married. We had to read Love and Respect (Eggerichs) as well as For Men Only (Feldhahn) and For Women Only (Feldhahn). I loved the book and learned a lot about my wife to be. I learned about computer screens popping up, how she is still a little girl twirling around looking for acknowledgement and how she deep down loves and respects me (even though she may not say it). This book lead to a lot of discussion and over time I began to see that some of the topics and information presented didn't apply to her. She didn't always want to talk right away or just other things that make her an `outlier' in different topics presented.I had the opportunity to re-read this book after 4 years of marriage and I really like and respect what the author did for me and other men who read this book. I resisted the temptation to turn right to the chapter about sex (I did this the first time I read it 5 years ago) and slowly read each chapter and examined what I thought I knew and what I know now.This is the updated version of the book and it presents new information and new studies but generally it is all the same. Feldhahn is great at presenting surveys in a different way than just, here are the facts. Stories of how they obtained the information are nice and stories of experiences helped to assist in delivering the results.If you have never read this book and you are married, read it. If you are getting married soon, read it. If you plan to get married one day, read it. Basically what I am saying is, read this book. It will help you and save you some headache because you might be able to respond in the correct way when communicating with your lovely wife/fiancÃ©/girlfriend.This review was originally posted on BattleBornNV's website.I received this book for free from WaterBrook Multnomah Publishing Group for this review through their Blogging for Books program. I was not required to give a positive review.

I devoured this book and read it nightly in just under a week. The available lessons blew my mind. I debated talking to my wife about the lessons as I went through the book. I decided to do that, and ask her about the issues itbrought up. So, HERE IS MY WARNING my wife got frustrated with these questions, it lead to kind of an argument and she wasn't happy with the idea of this book sort of putting "problems in my head that weren't there" Wow. This is my word of warning men. You can do one of two things: work the book and DONT talk to her about it, let her discover these lessons from you as they change your lives. Or two, TALK TO HER FIRST. I read this because like most guys,

I’m not entirely sexually happy. This book teaches that the female heart and mind that’s attached to the lady you love, is COMPLEX and not as hunter oriented as men are. Take this into account. This is THE lesson this book teaches. The problems are just as easily solved by sitting down and TAKING THE TIME TO TALK AND LISTEN TO HER. Liken this to googling a health issue instead of going to see the doctor. The problem is, this book works (rightly so) with surveys and majority responses. Well, as I painfully discovered, MY wife was in the MINORITY of responders on a few points. SO, GUYS be smart, LISTEN to your lady first. Try the oldest and most effective problem solving method man kind has ever developed, communication. LISTEN to her first, you’ll be glad you did, and as I discovered, you may find the only problems sometimes are the ones we create ourselves.

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